

50 Years of Achieving More Together

CP Rochester | Epilepsy Foundation of Rochester—Syracuse—Binghamton | Medical Motor Service | National Multiple Sclerosis Society, Upstate New York Chapter
Rochester Hearing and Speech Center | Rochester Rehabilitation

Why we celebrate Independent's Day™ everyday at Al Sigl Community of Agencies

Like you, Al Sigl Community of Agencies believes in making it possible for children and adults living with <code>disabilities®</code> to lead independent lives. For 50 years, our pledge to this goal has remained steadfast.

Because of you, many individuals are living safely on their own, staying active, participating in the community, and accessing transportation, today. Here are a few of their stories.

Caitlin is a 26 year-old determined young woman who has received services from CP Rochester since she moved here when she was a toddler. Adventuresome and active, she has participated in swimming, horseback riding and adaptive skiing. Her competitive spirit also led her to try power wheelchair soccer, offered collaboratively by CP Rochester and Rochester Rehabilitation's SportsNet, an adaptive sports and inclusive recreation program.

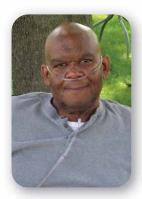
Jim not only runs a successful business with Isaac Heating and Cooling, but is also an active community leader who values good communication. So, when he began to experience some difficulty hearing clearly at home

with family, in crowded restaurants with friends, and during business meetings with colleagues, he turned to Rochester Hearing and Speech Center. They evaluated his hearing and made recommendations that complemented his lifestyle to help improve his hearing.

Tatiana has between 75 and 200 seizures each day characterized by fluttering eyelids and eyes rolling back, which scares some people. Kids at school have left her out of activities, making her feel alone and isolated. When she heard about Epilepsy

Foundation's Camp EAGR—a camp for kids with all kinds of epilepsy—she thought she'd give it a try. Campers there understand Tatiana and her seizures. It's a place where kids talk freely and support each other. Most importantly, campers have helped Tatiana feel good about herself again.

Before she moved to Rochester, Joan's transportation for routine eye care could take up to seven hours, clearly impacting her independence. Since her relocation, Medical Motor Service provides friendly and efficient transportation to all of her appointments in the Rochester area. Today, Joan does not have to plan an entire day around a routine visit. Of the change, Joan says, "I am so grateful. I can't tell you what a blessing it's been in my life. I mean that sincerely from my heart."



Charlie has been living with MS for more than 20 years. Recently, the ramp he uses to enter his home began to fall apart. Charlie couldn't afford to repair it, so he reached out to The National Multiple Sclerosis Society, Upstate New York Chapter. The group took charge to ensure that Charlie remained safe in his home. For the new ramp, MS Navigators helped Charlie obtain funding from four sources, including the MS Independence Fund. This year, Charlie will benefit from MS Service Day as volunteers from the National MS Society will spend an entire day at his home performing yard work, household cleaning, and staining his new ramp.

We invite you to make your tax-deductible contribution to Al Sigl Community of Agencies today—and help us continue to invest in helping people lead more independent lives.















Mail the completed form with your payment to:

Daniel M. Meyers, President Al Sigl Community of Agencies 1000 Elmwood Avenue Suite 300 Rochester, NY 14620-3098

Or donate online by clicking here





My Independent's Day contribution is

(please check one)

- \$4 for the 4th of July
- My write in vote.
- \$13 for the original 13 colonies
- \$17.76 for the Spirit of Liberty \$50 for Al Sigl's 50th anniversary

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