

“inclusion”

more than just a word



Photo By: Katie VanWert

Opening Doors...Changing Minds



In September of 2011 CP Rochester will begin its celebration of being part of this community for 65 years. This prompts the question...“what does it mean to be part of the community?”

One of the things that we have learned together over the years is that in order to make the community “our community” we must physically be in it. So we have worked hard and been successful in creating new ways for people who have disabilities to live in the community. There are many more homes in our community for people who may have disabilities to live in than there were 65 years ago.

But we have also learned that while living in the community may set the stage and provide opportunity for us to be part of our community it does not mean that we are “included”.

In order for that to happen we must find and build relationships and friendships with others who live in our community. All of us, regardless of our physical abilities or other traits do that by connecting with others who have similar interests and things that are important to us. It is by creating these relationships around common interests that each of us becomes “included”.

This is the heart of CP Rochester’s mission—our ultimate goal—to do what we can to allow everyone to enjoy being a part of their community. People who have a physical or developmental disability may need a hand of friendship and encouragement to choose for themselves how they wish to be a part of their community. The more we share relationships the more we learn about one another and the more we may be able to respect and understand one another.

You will see in the many accomplishments we have realized together this year that CP Rochester and those we support are well on our way to creating a more “inclusive” community. The new Transition Program, the Inspiration Project with the University of Rochester, our partnership with ABVI, the recognition of our Children’s program as Community Advocate of the Year, the Kiwanis Aktion Clubs and the new BELL program we will be creating with Roberts Wesleyan College are but a few of the ways we aspire to greater “inclusion”. A place where each one of us belongs regardless of our abilities and because of our interests and unique relationships

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A RETROSPECTIVE OF THE LAST YEAR

During a year of many challenges, including increasing regulatory requirements and decreases in government funding, CP Rochester can look back with resilience at our remarkable accomplishments. Our successes depend a great deal on our relationships with **donors, staff, volunteers and community partners**. At times like these we are especially grateful for their friendship and support.



CP Rochester's **Fitness and Wellness Center** came closer to completion with totally renovated Locker Rooms which provide additional accessibility and greater efficiencies. The space

is now aesthetically pleasing and very well appointed. By reorganizing **Outpatient Clinic Services** space our **Behavioral Health** and **Occupational Therapy Services** have moved to locations more conducive to the needs of the people being served.



Al Sigi Community of Agencies' Winton and Elmwood Campuses had their telephone system converted to a **Voice Over Internet Protocol** provider

which allows for more options and flexibility. Additionally Al Sigi Center installed a new roof and solar panels on the Hale building at the Winton Campus enabling solar power to light the external hallways. Our other technical advancement was the implementation of **Electronic Signature Documentation** for OPWDD (the Office for People With Developmental Disabilities) records.



Our partnership with **ABVI-Goodwill** continues to flourish. The Donation Station at our Winton Campus has allowed us to help collect what amounts to 33,000 pounds of donations

per year. Thus perfectly serviceable clothing and other items can be purchased in Goodwill stores rather than taking up space in our landfills. Our good friends there have offered to help provide formal wear for our consumers who will be attending a Formal Dance in August.

Day Habilitation's new **Transition Program** provides life skills to young adults and sends groups of program participants to local Goodwill stores as well as schools and nursing homes. There they learn work and social skills which will greatly increase their ability to be independent and self-sufficient. The program is in great demand and has been very well received in the community.



An exciting endeavor pairing **University of Rochester writing students** with people with intellectual and physical disabilities was initiated earlier this year. From February through

mid April these pairs worked together, one evening per week, to craft stories either autobiographical or fictional, with the goal of producing a complete, purposeful, polished story. The **"Inspiration Project"** concluded with a reading of the finished stories which have been printed as an anthology. The students and their guests described how their collaborative developed into friendship and appreciation. This project was a perfect example of how forming friendships and sharing experiences breaks down barriers and promotes inclusion.



Augustin Children's Center received the **Community Advocacy Award** from the University of Rochester Pediatric Residents Group whose medical residents rotate through the center to gain first hand experience of the challenges faced by children with special needs. Other kudos came from CP of NYS who awarded the **2010 Program Innovation Award** to the **Augustin Children's Center Outdoor Classroom**. Also Julie Babish Johnson, Augustin Social Worker added more prestige to our Children's Center by receiving the **Mary F. Hannick Award for Excellence in Field Instruction** from the Nazareth College of Social Work.

Director of Residential Services, Karrie Gates was recognized at the Cerebral Palsy of New York State Conference for her leadership and dedication to meeting the needs of the people we serve. In other Residential Services news, our Elmwood Avenue Residence became our second **Kiwanis AKTION Club** location.

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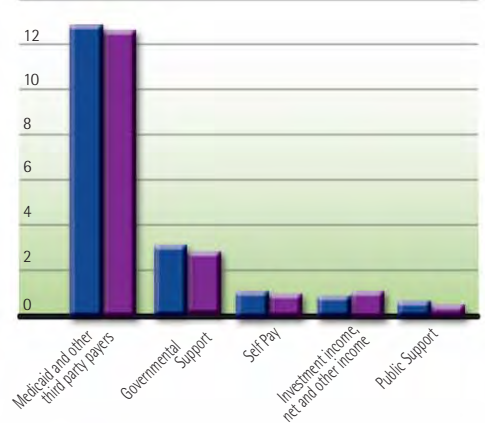
Financials

Consolidated Statement of Activities and Change in Net Assets

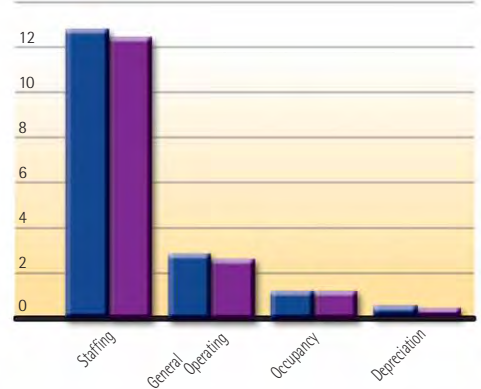
For the Year Ended December 31, 2010 (with comparative Totals for 2009)

	% of Total	2010	2009
REVENUE AND SUPPORT			
Medicaid and other third party payers	72%	\$12,929,007	\$12,756,292
Governmental Support	18%	3,352,015	3,128,177
Self Pay	4%	819,091	806,011
Investment income, net and other income	4%	674,083	764,493
Public Support	2%	368,863	299,035
Total Revenue and Support	100%	\$18,143,059	\$17,754,008
EXPENSES			
Staffing	72%	\$12,444,165	\$12,164,055
General Operating	20%	3,551,242	3,306,625
Occupancy	6%	1,060,748	1,079,269
Depreciation	2%	333,408	327,070
Total Expenses	100%	\$17,389,563	\$16,428,052
Change in Net Assets before Other Changes in Net Assets		\$753,496	\$876,989
Prior year income/(expense)		148,871	193,172
Change in funded status of pension plan		608,774	395,419
Change in Net Assets		\$1,511,141	\$1,465,580
Net Assets—beginning of year		3,328,163	1,862,583
Net Assets—end of year		\$4,839,304	\$3,328,163
Consolidated Balance Sheet			
For the Year Ended December 31, 2010 (with comparative Totals for 2009)			
ASSETS:			
Current assets		\$3,455,506	\$2,742,136
Fixed assets, net		1,754,621	1,566,822
Other assets		4,428,763	3,904,741
Total Assets		\$9,638,890	\$8,213,699
LIABILITIES:			
Current liabilities		\$1,866,600	\$1,573,492
Long-term liabilities		2,932,986	3,312,044
Total Liabilities		\$4,799,586	\$4,885,536
Total Net Assets		4,839,304	3,328,163
Total Liabilities and Net Assets		\$9,638,890	\$8,213,699

\$14,000,000 **REVENUE AND SUPPORT**



\$14,000,000 **EXPENSES**



2010 EXPENSES PERCENTAGES

Program services	90.5%	\$15,742,104
Fundraising & Board Designated	.6%	1,551,662
Administration Services	8.9%	95,797

\$17,389,563



Audited financial statements for CP Rochester are available for your information. Please contact the Financial Services Department at 585.334.6000 if you would like to receive a copy.

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A RETROSPECTIVE OF THE LAST YEAR —Continued



Earlier in 2011 a new enterprise, **Home for Life Renovations, LLC**, was

launched. This company will provide the clinical and technical expertise and professional services which will allow individuals to make long range plans for their living arrangements as they age in their own home. This venture will assist clients in making decisions from clinical evaluations of their physical abilities through architectural and building options, all tailored to the needs of the homeowner. The entire project will be overseen by professionals at Home for Life Renovations, LLC.



Our not-for-profit **Accessible Home Renovations** was awarded \$350K in additional ACCESS to Home grant funds. This will allow those with limited funds to make modifications to their homes when a disability has impaired the

capacity to move around safely or to enter or exit the home. Physical and Occupational Therapy professionals and Aging in Place Specialists will evaluate the participants' needs and oversee the modifications.

CP Rochester's **Individual & Family Support Services** continues to strive to support consumers as they go through college. Rebeka Schiess graduated with a

Bachelor's degree from **Nazareth College** on May 8th.



A major achievement for the program was the recent news that CP Rochester was *unanimously* selected by



Roberts Wesleyan College to partner with the college on the BELL program (Bridge to Earning, Learning, and Living) which focuses on OPWDD eligible young adults (initially ages 18-21 expanding to age 25). IFSS's role will be to transport students to/from Day Habilitation, mentor/tutor students as they audit classes, and promote inclusion of the student in campus life.



Peter L. Gabak



Lynn Barber

Al Sigl, Rochester Hearing and Speech Center, Rochester Rehabilitation and CP Rochester have formed a **Fundraising Collaborative** to better cultivate our donor bases to meet with our financial needs. To that end we have engaged the services of experts in the field of **Donor Development**—Peter L. Gabak, **Grant Acquisition**—Lynn Barber, and a team of **Data Base Management Personnel** from Al Sigl. Each Agency will remain independent and autonomous with its own data base and perspective. By sharing the resources of the Fundraising Collaborative experts we look forward to greater efficiency in communicating with our donors and the community and greater fundraising success.