



Shared Ski Adventures Instructors 2010 Ski Season January 9 – March 6



Greetings Instructors!

Welcome to the Shared Ski Adventures 2010 Season at Swain Ski and Snowboard Center. We are pleased to offer another great season of skiing through the partnership of Shared Ski Adventures and CP Rochester. For over 60 years, CP Rochester has existed to support people with cerebral palsy and similar disabilities in setting and accomplishing individual life goals. Shared Ski Adventure has existed as an organized program since 1986 offering safe, affordable, high quality ski opportunities to children and adults with challenges.

Our Instructors

Individuals that participate in Shared Ski Adventures (SSA) are people who enjoy skiing and the outdoors, want to be challenged, and are willing to give and receive equally! Our instructors have taught students who are visually impaired, blind, mobility impaired, learning disabled, or hearing impaired.

Instructor Training –

December -- Indoor Training

All instructors will have the opportunity to meet at CP Rochester prior to the on-hill training day to review information about various disabilities that our students may have; this is an opportunity for learning and asking questions about working with our students. An 'après-training' reception is being coordinated so that you can meet some of the students & their families that will be participating in this year's program – details to follow! Light refreshments will be served.

January 9th -- On-Hill Training Day

A free, full-day training is provided for all registered instructors. Our on-the-hill training day takes place at Swain Ski & Snowboard Center the week before the students are scheduled to start. The instructors are divided into small groups for the day; morning sessions generally focus on skiing and teaching techniques & fundamentals and the afternoon sessions focus on adapted equipment and specific areas of expertise. New instructors will have the opportunity to learn about all our adapted equipment and their uses on training day. If this is your first season as an instructor, you will team up with experienced instructors when you are assigned to a student.

In addition to the initial training before students arrive, we will incorporate afternoon skills sessions for our instructors throughout the season. These sessions will be led by SSA alum who have years of experience teaching students of all abilities. These sessions are an opportunity to share teaching tricks & games and to improve one's skiing techniques, and they are also a great way to get to know the other instructors in the program!

Phoenix Adaptive Ski Program's "Rise to the Challenge"

Once again SSA students and instructors will have the opportunity to travel to HoliMont Ski Resort in Ellicottville, NY, to participate in the Phoenix Adaptive Ski Program's annual racing event. The event is incorporated into Shared Ski Adventures' 8-week program as we would like all of our skiers, instructors and students alike, to participate in this wonderful event. Six other adaptive ski programs were in attendance last year, and skiers of all abilities participated in the races and enjoyed the camaraderie of the day. Skiing at a new ski center provides the opportunity for skiers to expand their horizons, challenge themselves to try something new, and bring their skiing up to a new level! We are excited about this event and will share more information with you as the details are finalized.

Shared Ski Adventures Instructors

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Instructor Recruitment

Student enrollment in our program is dependent upon the number of volunteer instructors we have each season. The Shared Ski Adventures program is looking for other individuals, like you, that want to improve their skiing and teaching skills. Instructors should meet the following criteria:

- * Able to ski blue (intermediate) trails
- * Enjoy working with people
- * Commit to Saturday mornings at Swain from 9am-Noon for the majority of the season
- * Knowledge of various disabilities is helpful but not required
- * Please contact Nicole Fulle at CP Rochester for information on how to become an instructor with Shared Ski Adventures! Information and our registration form can also be found on the Shared Ski Adventures website:
 - o www.sharedskiadventures.org
 - o Nicole Fulle phone: 334-6000 x267 email: nfulle@cprochester.org

Instructor Registration – Please submit by November 30th

The number of students we can enroll in the program is dependent upon the number of instructors we have registered. Keeping this in mind, *the earlier you send in your registration, the better we can plan for our students.*

Due to the high cost of running this program, we do have a registration fee to help cover the costs of insurance and lift tickets for both our volunteers and students. Your registration fee is considered a donation and is tax deductible; you will be provided with documentation of your contribution to CP Rochester, *designated specifically to Shared Ski Adventures*, for your records.

- * Registration Fee: \$160 (includes 8 full-day lift tickets)
 - o A prorated registration fee will be accommodated if an instructor cannot commit to the full 8 weeks of the program
- * Please note that any missed lessons will not result in a reimbursement of the registration fee

Family Program

This program allows the family members of instructors to receive discounted lift tickets. You may purchase any number of tickets you would like for \$25 each. There are no refunds or exchanges for purchased tickets. Family members may also rent ski equipment from the Swain Ski Center through the SSA program at the discounted rate of \$10 per day, per person. Looking ahead to 2011, there may be an increase in price

Payment Information

- * Payment is required in full with your registration
 - o Pay online by credit card at www.cprochester.org/ssa.asp
 - o Pay by check, made payable to: **CP Rochester - SSA**
- * We do not offer refunds for missed days
- * Payments by check can be mailed to:

CP Rochester, Recreation / SSA
3399 Winton Road South, Rochester, NY 14623

Thank you for making a commitment to join us in an activity that will increase your ski skills, enable you to meet new friends, and allow you to enjoy upstate New York's snowy winters!

Sincerely,

The Shared Ski Adventures Team